

Feedback

“Touchstone offers efficient and sustainable support within the context of a person-centred approach”

-Social Worker with CMHT

“The support was adjusted in an imaginative and appropriate way depending on the client’s fluctuating mental health. Communication was good and regular allowing me to be aware of any problems or issues.”

-Social Worker

“Touchstone has made a big difference to my life”

-Service User

“keep up the good work. Touchstone helps me get things done that would otherwise sit there. It makes a difference”

-Service user

“Mum is so motivated now and really looks forward to her worker coming , she is much healthier and her fitness has improved, she is getting out most days and trying loads of new things ”

-Daughter of Service User

If you would like to know more about our Self Directed Support and Personal Budgets Service

**Contact our team:
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Self Directed Support & Personal Budgets

Support

Support can range from:

- * Develop social interactions, friendships and meaningful relationships
- * To participate in leisure and sporting activities
- * Opportunities to embark upon new hobbies and interests
- * Getting more involved and participating in the local communities
- * Increased independence, choice and control
- * To develop skills and access to education and training
- * Developing and increasing life skills
- * Budgeting and financial management
- * Support to manage health & wellbeing
- * 1-1 support to attend groups , courses and meetings.

Why Choose Touchstone?

- * 30 years of mental health experience from an award winning organisation
- * Culturally sensitive
- * A diverse workforce, speaking several different languages across the organisation
- * Expertise supporting complex and difficult to engage clients
- * A range of services available to access and signpost to easily
- * All staff receive regular mandatory training, we invest in staff development and ongoing training.
- * All staff receive regular supervision and ongoing support .
- * Evidence of reduction on crisis services , hospital admissions and CMHT involvement while engaging in SDS package .

How We Support

But not limited to:

- * Managing risk & keeping safe , crisis management and prevention .
- * Supporting clients to engage with meeting & appointments
- * Support clients with complex mental health issues who may find it hard to engage
- * Developing and increasing sustainable independence
- * Developing realistic plans reviewed regularly
- * Partnerships with CPNs and Care Coordination, Consultant Psychiatrists ,Psychologists and CMHT .
- * Work alongside discharge plans from hospital ,supporting recovery & transition back into the community .
- * Staff will attend regular reviews , CPA meetings and give ongoing feedback to relevant professionals.
- * We encourage regular feedback .