

Service User Feedback

"I feel more confident. I'll go out more & further with my worker"
PB, service user

Very good service from my Support Worker. I don't like changes, I like things way they are. I enjoy going out, my support worker listens too, helps resolve any queries quickly,
Thank you
RW, April 2019

Since joining service, feeling very positive about future, putting plans in place for a better future with help from SDS
JW, April 2019

Very nice service, very happy, always telling my friends & family about Touchstone SDS Support
PK, April 2019

You can find out more about applying for a personal budget by contacting your local Adult Social Care team 0113 222 4401 or speaking to a health professional.

Please contact us if you would like to arrange a meeting to discuss your support needs.

If you choose **Touchstone** to be part of your care package and would like to know more about our **Self Directed Support**, contact our team:

Self Directed Support
Touchstone House
2-4 Middleton Crescent, Leeds, LS11 6JU
Tel: 0113 271 8277

Manager - Jill Gaffrey: jillg@touchstonesupport.org.uk

www.touchstonesupport.org.uk

 @jillgds



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inspiring communities, transforming lives

*Inspiring Communities,
Transforming Lives*

**Self Directed
Support
&
Personal
Budgets**

Your Life Your Support You Decide



Self Directed Support

SDS provides individuals with recovery focused support which offers choice, flexibility and control to individuals about how they are supported to develop their own, person centred support plan. Using strengths based approach focusing on:

“What's **STRONG** not what's **WRONG!!**”

What's In It For You?

- Develop social interactions, friendships and meaningful relationships.
- To participate in leisure and sporting activities.
- Opportunities to embark upon new hobbies and interests.
- Getting more involved and participating in the local community.
- Increased independence, choice and control.
- To develop skills and access to education and training.
- Developing and increase life skills including but not exclusively budgeting and financial management.
- Support to manage your health and wellbeing.

Whoever you are



What Touchstone Can Offer

1-1 Support is delivered by experienced support workers with a focus on recovery, improving self care, home management, Maximising independence , increasing confidence & self – esteem, reducing isolation and taking realistic steps towards recovery .



Touchstone SDS have the benefit of:

Male and Female workers
BME workers who speak different languages
Expertise in lots of areas including:

- Mental Health
- BME people
- Housing
- Benefits and entitlements
- Employment and training
- Older people
- Younger people
- Drugs and alcohol
- Physical health

