I have a **voice** and am heard

We are experts by experience

It gives me that feel good factor

What does being involved mean to me?

I feel Valued

It gives me the confidence to speak out in public

I feel part of something- a sense of belonging

Making new friends/ have social contact

I can spread the word and recommend services

We can make a
difference to peoples
lives

Improvement
Touchstone find
out how
effective a
service is being

My voice is keeping the needs of service users at the heart of everything

How does me being involved help Touchstone?

My input helps
Touchstone get things
right for others

## Challenges and solutions at this COVID time to involve people

Knowing what there is in terms of groups and support at this time- is there a resource for this?

Provide SU training around IT and building digital confidence

More available for young people

How to work with isolated groups and communities? Targeted support for BME or vulnerable groups