



Leeds Coproduction Conference 2021: Evolving Through Lockdown 5th-8th July

A mixture of remote and face-to-face
events focusing on coproduction in
Leeds, organised by the Leeds
Coproduction Practitioners Network

Leeds Coproduction Conference 2021: Evolving Through Lockdown

MONDAY 5TH JULY	TUESDAY 6TH JULY	WEDNESDAY 7TH JULY	THURSDAY 8TH JULY
10:00-11:30 Coproduction Sense Check	10:30-11:30 The journey to self- managing pain for people with musculoskeletal conditions: two approaches	10:30-11:30 Opening up a new world - the importance of co-working and digital inclusion	9:30-12:30 Coproduction with Older People - Training Course Part 1
	12:00-14:00 Coproduction walk and talk	12:00-13:30 Inkwell creative art session	11:00-13:00 Coproduction walk and talk - Riverside walk
14:00-15:00 Coproduction in Leeds: Panel Discussion and Q&A		14:00-15:00 Coproduction in Leeds: Panel Discussion and Q&A	14:30-16:00 Coproduction sense check

MONDAY 5TH JULY

Coproduction Sense Check: 10:00 - 11:30

Hosted by: NHS Leeds Clinical Commissioning Group (CCG)

We will be starting and finishing this week of events with our 'coproduction sense check' sessions, as we did at last year's coproduction conference. The sense check sessions are a chance for people who are involved, want to get involved and those who want to involve people in supporting health and care services in Leeds.

There isn't an agenda, the conversation is driven by you who attend. The focus is on how you've found being involved and involving people in developing health and care services (or not) and what you think could be done better, with the ultimate goal being: services that co-produce with its users.

Please book a ticket for the event [here](#).

Coproduction in Leeds: Panel Discussion and Q&A: 14:00 - 15:00

Hosted by: Leeds City Council Public Health, Healthwatch Leeds, Touchstone

We are pleased to announce that we are able to offer two opportunities to engage with our panel discussion and be involved in our Q&A. This is the first session out of two. You do not need to attend both to join in!

From person-centred support to the Big Leeds Chat, join friends and colleagues from Leeds City Council Public Health, Touchstone, Healthwatch Leeds and the LYPFT Service User Network as they discuss all things coproduction. This is also your opportunity to ask for tips, advice and examples of best practice in coproduction.

Please book a ticket for the event [here](#).

T U E S D A Y 6 T H J U L Y

Coproducing Pain Self-Management Pathways for Musculoskeletal Conditions: 10:30 - 11:30

Hosted by: West Yorkshire and Harrogate Health and Care Partnership, Health Action Local Engagement, Keighley Healthy Living

The journey to self-managing pain for people with musculoskeletal conditions: two approaches.

Description of and learning from a project to develop two pathways from Primary Care Networks to Voluntary, Community and Social Enterprises for people with Musculoskeletal (MSK) conditions.

Please book a ticket for the event [here](#).

Coproduction Walk and Talk: 12:00 - 14:00

Hosted by: Leeds Mind, LYPFT

Join us for a circular walk on woodland paths, which are mostly level. There will be 3 stop offs to talk about nature and work been carried out by volunteer groups, promoting health & wellbeing, and protecting nature. It will be easy ground for walking but comfortable shoes are recommended. Some paths may be muddy. The walk is approximately 2 miles and will take about 1- 2 hours. This will be led by David Preston, Countryside Ranger, Meanwood Valley. Please feel free to bring something to eat if you'd like to stop for a chat and lunch (weather permitting!)

We will meet at Meanwood Park, Green Road, Car Park, LS6 4LT. This will be for a circular walk to Scotland Wood.

Please note: this event is subject to COVID-19 government guidance.

No need to book, just turn up! For questions, please contact Helen: helen.thompson36@nhs.net / 07866 217339.

W E D N E S D A Y 7 T H J U L Y

Opening Up a New World - The Importance of Co-working and Digital Inclusion: 10:30 - 11:30

Hosted by: 100% Digital Leeds, Pyramid of Arts, and LYPFT Learning Disability Service Involvement Team

Ian McArdle, Digital Inclusion Coordinator at 100% Digital Leeds, will be talking about their citywide digital inclusion programme and how they work with partners to catalyse, enable and support the process of systems-level change. Their person-centred approach enables online access and support, which is a lifeline for so many people .

Shaun Webster MBE and Amy Hirst from the Involvement Team will share their co-working story through lockdown in the Learning Disability Service and how the challenges have led to learning new digital skills and some great things happening. They will show some of the digital tools they have found easy to use.

Join in the conversation to share what has worked for you, and top tips for including everyone.

Please book a ticket for the event [here](#).

Inkwell Arts Creative Workshop: 12:00 - 13:30

Hosted by: Leeds Mind

A chance to get creative and put into words and pictures what learning we'll take from lockdown. We will create and decorate our own paper butterflies, with inspirational words on the wings. We'd like to collect everybody's butterflies together to make one big lovely display at Inkwell Arts.

Please book a ticket for the event [here](#).

W E D N E S D A Y C O N T . . .

Coproduction in Leeds: Panel Discussion and Q&A: 14:00 - 15:00

Hosted by: Leeds City Council Public Health, Healthwatch Leeds, Touchstone

This is the second and final session of our panel discussion and Q&A. You do not need to have gone to the first session to join in!

From person-centred support to the Big Leeds Chat, join friends and colleagues from Leeds City Council Public Health, Touchstone, Healthwatch Leeds and the LYPFT Service User Network as they discuss all things coproduction. This is also your opportunity to ask for tips, advice and examples of best practice in coproduction.

Please book a ticket for the event [here](#).

T H U R S D A Y 8 T H J U L Y

Coproduction with Older People - Training Course Part 1: 09:30 - 12:30

Hosted by: Leeds Older People's Forum

This is a training course run over 2 sessions, you have to attend both parts - 8th July and 15th July.

The Time to Shine **Toolkit for Coproduction with older people** has been created as part of Louise Whitehead's PhD written using Time to Shine as a case study. We are running training based on that toolkit to give you confidence in working with coproduction methods within your organisation. The toolkit was produced with older people in mind but is applicable in many group settings.

Join us for two half day sessions to find out how you can use the toolkit within your organisation. We will look at the principles involved and work through some practical activities which will enable you to hold similar discussions in your organisation. There is a link to the Toolkit [here](#)

For those who attend the course a paper based version, and a digital version with links to the activity pack are available.

Please book a ticket for part 1 of the course [here](#).

THURSDAY CONT...

Coproduction Walk and Talk - Riverside walk: 11:00 - 13:00

Hosted by: LYPFT

During lockdown a lot of people have enjoyed connecting with nature and getting outside for a change of scenery. We are doing a walk as a reminder of something we'd like to continue doing as we move out of lockdown. If the weather is nice, we hope to stop on the walk for a picnic too, so please bring some lunch if you would like.

This walk will start at the Royal Armouries and we walk along the canal path, around 2 miles in total. The whole route is also a designated cycle way, but the paths are wide so there is plenty of room for all users. The routes would be accessible for wheelchair users. **Please note:** this event is subject to COVID-19 government guidance.

No need to book - just turn up! For questions, please contact Helen: helen.thompson36@nhs.net / 07866 217339

Coproduction Sense Check: 14:30 - 16:00

Hosted by: NHS Leeds Clinical Commissioning Group (CCG)

Finishing of this week's of events is our final 'coproduction sense check' session. Like the first sense check session on Monday, this is a chance for people who are involved, want to get involved and those who want to involve people in supporting health and care services in Leeds. You are more than welcome to re-join and reflect on this week's events if you also joined us Monday.

There isn't an agenda, the conversation is driven by you who attend. The focus is on how you've found being involved and involving people in developing health and care services (or not) and what you think could be done better, with the ultimate goal being: services that co-produce with its users.

Please book a ticket for the event [here](#).

COMING UP AFTER COPRODUCTION WEEK

Help us to improve mental health services in your community - Introductory events

Hosted by: NHS Leeds Clinical Commissioning Group (CCG)

These are introductory events to raise awareness about the work required to transform community mental health services in Leeds. Each session will cover the same content.

The NHS Long Term Plan sets out a transformative vision for community-based support for adults and older adults living with moderate to severe mental illness and complex needs. In Leeds, we're working in partnership to deliver this vision. We will be developing and testing new ways of offering mental health services and looking at how services work better together. This will include creating integrated community mental health hubs that support health and wellbeing, and ensure people get the support they need when they need it. We will be piloting this in a few areas of Leeds this year before we expand further across the city. This is the start of a three-year piece of work. It's important that we collaborate with as many people as possible. We will ensure we build on the wealth of feedback and experience we already have.

The aim of these events are to:

- Tell people what this work is about: why we are doing it, the focus of the work and what it will involve.
- Work with a range of people, including service users, carers, and members of the public to help design our approach, tell us what matters to them, and agree on our priorities.
- Discuss with you how we can work together to improve services.

When are these events?

- Friday 9 July 2021, 10am – 12pm
- Wednesday 14 July 2021, 6pm – 8pm

Please book a ticket for the event(s) [here](#).