

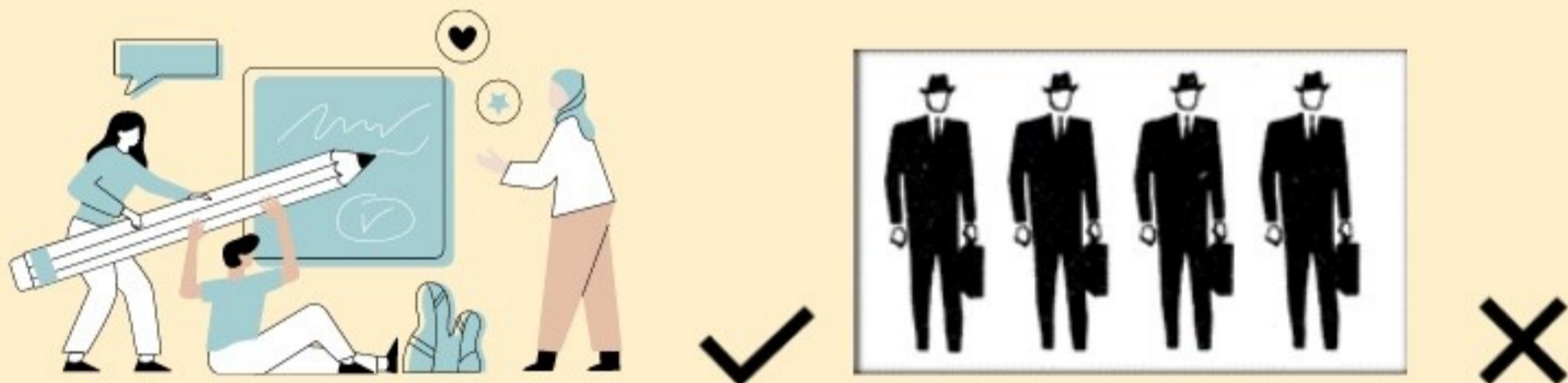


**Hiya!**



**My name's Rhiannon and I'm the Coproduction Coordinator for the West Yorkshire Autism & ADHD deep dive review.**

Coproduction in a project means real involvement from the people who are affected by the findings and results of the project.



Coproduction means shared power and shared decision making. Because people with real-life experience know best what works and what doesn't work for themselves.



It's my job to make sure Actually Autistic and Actually ADHD people are involved in everything to do with this Deep Dive, as well as the people who Actually support them and Actually work with them. This includes Autistic and ADHD people, their family, friends, support workers, doctors, therapists, service providers and other professionals. Everyone's input is important because everyone has their own unique perspectives and strengths.



Myself and the Coproduction board will be working with people from across West Yorkshire (Leeds, Wakefield, Bradford, Calderdale and Kirklees) and supporting them to discuss their experiences, findings and ideas with each other to get a clearer view on what is working for neurodivergent people across West Yorkshire, and what isn't working - and look at what would improve things.



There's lots of ways we can do this, for example: online meetings, in person meetings, case studies, writing, story gathering, art, poetry, music, podcasts, surveys, questionnaires, 1-1s, coffee mornings, pin-boards, social media, social stories, talking, signing, typing -whatever ways different people communicate.



I don't have Autism, but I have Autistic family and friends. I've had a referral for ADHD and am awaiting assessment. I've worked with Autistic people for over 10 years as a senior support worker, Universal Advocate and Coproduction and Engagement worker, so this project is very close to my heart!



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