

Volunteering with BME Dementia Services

We provide specialist support and advice to people living with Dementia and their carers from BME communities.



ALZHEIMER EUROPE - ANTI STIGMA AWARD WINNER 2023



Volunteers are an integral part of life at BME Dementia Services, bringing happiness to our service users. It is clear to see that interaction with our volunteers provides a huge benefit to wellbeing for our service users as well as the volunteers themselves. Volunteering can be a wholly rewarding experience enabling you to share your experience, help you to learn new skills, bring new opportunities through networking, enhance your own wellbeing, make new friends and bring a sense of purpose within your community.

We are looking for volunteers with good listening skills, caring and compassionate approach to support us with:

Group activities – Dementia Café and Walking group
Befriending – visiting service users at home or meeting them in the community
Office based work – admin or social media support



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WE CAN HELP

- Signposting to mainstream services
- Peer support and group sessions
- Pre & post diagnostic support
- Carers weekly walking group
- Persons centred care
- Needs based assessments
- Community awareness talks
- Hamari Yaadain Dementia Café
- Culturally appropriate support
- Dementia talks in mother tongue



**FOR MORE INFORMATION OR TO MAKE A REFERRAL
PLEASE CONTACT US OR SCAN THE QR CODE**

Telephone: 0113 2192727 Email: bmedementia@touchstonesupport.org.uk

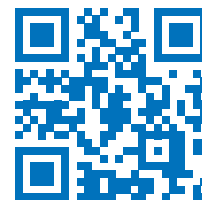
Website: www.touchstonesupport.org.uk Twitter: @TBmedementia Instagram: @bmedementiaservices



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Fresh Air, Friends and Fun Carers Walking Group

Hamari Yaadain (Our Memories) South Asian Dementia Café



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If you are looking after someone living with memory problems or a dementia diagnosis from the BME community, why not join our Walking Group for physical and mental wellbeing and lots of laughs.

Our Walking Group meets at the beautifully scenic Roundhay Park - Tropical World, outside Canal Gardens.

EVERY MONDAY
FROM 1.30pm TO 3.00pm



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Hamari Yaadain is a vibrant Dementia Café catering for people with memory issues and their carers. Whilst our community is from a South Asian background, the Café is open to all.

The Café allows people to meet others facing similar situations, share experiences, receive advice in a mother tongue, peer support and live streaming.

EVERY THURSDAY
FROM 1.00pm TO 3.00pm

