



Fundraising at Touchstone

Help us to support diverse communities across
Yorkshire with their mental health...



0113 271 8277 / office@touchstonesupport.org.uk

Donate: www.justgiving.com/touchstoneleeds

Charity Name: Touchstone-Leeds

Charity Number: 1012053

Company Number: 02200394



From then....

Touchstone have been supporting communities across Yorkshire with their mental health for over 40 years. We started as a weekend club in 1982 to support people living in South Leeds, who were affected by loneliness.



...to now

Over 40 years later, we remain a vital source of mental health and wellbeing support in our diverse local communities - and we have grown to offer a wide range of services across Yorkshire!



What we do...

Community is at the heart of everything we do and we work directly with local people to understand what support they need to stay well. We offer a wide range of support to suit people with different experiences: from community groups for people struggling with loneliness; to culturally-specific support for diverse communities; to out-of-hours support for people in crisis.



In recent years, funding cuts have immensely impacted charities like Touchstone. Yet the need for mental health support is more vital now than it's ever been. Touchstone need help to be able to continue our essential work supporting communities with their mental health.



Whether you're a business or an individual, there are lots of ways you can support us. Read on to learn more about how you can get involved with Touchstone!



How you can support us

Whether you want to run your own fundraising event or would like to explore a partnership with us through your business, there are lots of ways you can support us...

Make Touchstone Your Organization's Charity of the Year...

By making us your chosen charity, you can help us raise vital awareness of mental health and essential funds for our support services. Working with a local community-based charity will also demonstrate and enhance your organization's commitment to Corporate Social Responsibility.

Set up a Fundraising Event or Collection for us...

Whether it's a trek with colleagues, an office bake off, or taking part in an organised challenge like Leeds 10k, we would love you to use the opportunity to raise funds for Touchstone!

Volunteering your time with us...

We welcome corporate volunteers and know how valuable these opportunities can be to staff, who want to give back to their community. Recent volunteering opportunities have included painting our offices and maintaining community gardens!

Donating money or items...

We welcome donations via our [Just Giving](https://www.justgiving.com/touchstoneleeds/) page: www.justgiving.com/touchstoneleeds/. You can also Become a Friend of Touchstone if you would like to donate regularly. We also welcome donations in kind, whether that's office equipment, prizes for fundraisers, or items like food, clothes, and toys to our fundraising campaigns.

Raise funds for Touchstone through a celebratory event...

Not sure what to ask for for your birthday or work anniversary? We would love it if you asked for donations to Touchstone to mark an important celebration! Donations like these are so meaningful and have a real impact on the local communities we work with.



How we can support you

By working with and supporting Touchstone, your organization will have access to a range of benefits, including...

Enhanced Reputation around Corporate Social Responsibility

Aligning with Touchstone, a local community-based charity, will enhance your reputation by demonstrating your organization's commitment to Corporate Social Responsibility.

Support with Equality, Diversity and Inclusion (EDI) Priorities

Touchstone are local and national leaders in Equality, Diversity and Inclusion and we can support with your EDI initiatives. We have been awarded numerous prestigious accolades recognizing our commitment to workplace inclusivity and want to share our knowledge to support workplace EDI on a wider scale.

Bespoke Corporate Volunteering Opportunities

We know how valuable volunteering opportunities can be to your staff, who want to share their skills to give back to their local community. Touchstone welcomes volunteers and can provide lots of bespoke opportunities for your staff to get involved and support our work!

Bespoke Mental Health Training

Touchstone has extensive expertise in mental health support. We offer bespoke training in Mental Health Awareness, Workplace Wellbeing, Challenging Stigma around Mental Health, EDI in recruitment, Men's Mental Health, and more. Get in touch to find out more!

Fundraising Materials

We have a wealth of **free branded material** you can access as a fundraiser for Touchstone, including bake off and quiz kits, certificates, fundraising ideas calendars and more!

Where your donations go...

Your donations and funds raised will all go towards ensuring the people in our local communities can access the best support for their mental health. Here's what your donations can pay for...



£3 pays for a cup of coffee for a peer support session for someone going through a difficult time.



£10 pays for a voucher to go towards food parcels and meal planning for Beacon Housing clients.



£30 pays for a dance exercise or chair yoga session for our Leeds-based Sikh Elders Service.



£40 pays for a return taxi journey for someone in a remote rural area to get same-day mental health support with our Here For You service in Leeds, Kirklees, or Wakefield.



£50 pays for three staying safe kits for those who are experiencing homelessness.



£75 pays for 1-to-1 mental health support with our Wakefield Community Enablement Team for someone struggling with anxiety and depression.



£150 could fund one outreach session for our Better Together project in Burmantofts, where volunteers distribute around 60 portions of hot foods and mental health support and advice to people in need.

What people say about us...



Absolutely fantastic, immaculate, very supportive, very understanding, top rank of support workers in this country. They saved my life. I have 100% trust in them.



I found each of these services invaluable and would recommend to anyone going through a difficult time to reach out. I felt heard throughout my journey and having someone to listen, whilst carefully and sensitively guiding me, has helped me navigate through the tough times.

“

Touchstone is a valuable service providing support and activities... it helps reduce social isolation, I like engaging with other visitors whom are nice and non-judgemental. It's good to come to a safe space & receive 1-1 support when required... It is friendly, helpful and accessible for me."



What people say about us...

“

Touchstone has been life saving for me... [they] helped me realise I matter, gave me confidence and gave me responsibility for my recovery (which I have never had before and was life changing).

”

Service User, Community Support Team



“

Touchstone is a great organisation and has benefitted me in my recovery in many ways. Not only have I used the services in times of crisis but have felt empowered to volunteer in services and groups I enjoy. They put the service users first and co-production is practiced religiously.

”

Service User working with Leeds Mental Wellbeing Service's Inclusion Team

“

I suffer with depression and anxiety and... I've felt like Touchstone took a big weight off my shoulders. Since I was homeless they've really supported me in this accommodation and made me feel safer and better days ahead.

”

Service User, Beacon Housing



“

I love to go every week. Feel supported, safe, and a haven of emotional support and wellbeing.

”

Service User, Being You Leeds

Get in Touch With Us

Community Fundraising

If you are an individual and would like to get involved with setting up your own fundraiser event, donating to one of our fundraising campaigns, or organising a donation of goods for Touchstone, please contact:

Dave Pickard, Director of Operations
at fundraising@touchstonesupport.org.uk

Corporate Fundraising

If you are a business and are interested in corporate volunteering, nominating us as your chosen charity, or forming any kind of partnership with us, please contact:

Sharon Brown, Director of Strategic and Business Partnerships at
fundraising@touchstonesupport.org.uk

For general queries:

If you have a general query, you can also call our office and they will redirect you to the right person.

Get in touch:

0113 271 8277 / office@touchstonesupport.org.uk /



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Donate to our Just Giving:

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